



Biddenham

International School & Sports College

Principal: Mr David Bailey

Head of School: Ms Eleanor Grylls

September 2019

Dear Parent/Carer,

I am writing to you to explain the start of our Essential Life Skills programme, which has successfully run at Biddenham School for the last three years.

This year we have moved to one dedicated 30 minute session each week of Essential Life Skills (ELS), which embraces the following themes of Personal, Health, Social and Careers Education (PSHCE);

- Relationships
- Careers, Enterprise and Employability
- Health and Wellbeing
- Citizenship

During these sessions the students broadly have the chance to explore key ideas across the wider world, their own emotional and social development and consider how their own actions could impact their health and well being.

On the reverse of this letter is our ELS programme for every year group, with the ELS sessions being specifically tailored to every year group and key stage. We have chosen to theme the relationships and health and well being topics, this academic year, with each topic running across the whole school for half a term. The hope is that we will encourage greater engagement from the wider community, enhance the impact of visiting speakers across year groups and therefore broaden the content available to our students.

Year 11 and sixth form parents will hopefully by now be aware of the new 'Unifrog' Careers programme, all year 11 and sixth form students have a log in for the site. We hope parents have had a chance to view some of the website content. The aim is for every student to be actively using this programme, through their ELS Careers sessions, by the end of the academic year.

We follow the National Curriculum for PSHCE and we will begin our 'relationships' topic after October half term. The sex education aspect of the National Curriculum will be delivered in age appropriate sessions, through a variety of our core curriculum subjects, where topics overlap, for example in Science, the reproductive system and Religious Studies, family planning. In addition we will invite speakers from approved organisations to deliver content, according to the government guidance. The sessions will be outlined on our website in the next couple of weeks and should you wish to discuss this further, please contact me.

Yours sincerely

Ms C. Eckett
Deputy Headteacher - Curriculum

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	Sept-Oct	Oct-Dec	Jan-Feb	Mar-Apr	April-May	June-July
Year 7	Transition work	Relationships	Health and Wellbeing	Social Action	Personal Safety	Careers and Employability
Year 8	Goal Setting and reflection Transition work	Relationships	Health and Wellbeing	Finance	Personal Safety	Careers and Employability
Year 9	Transition work	Relationships	Health and Wellbeing	Citizenship	Computing	Careers and Employability
Year 10	Study Skills	Relationships	Health and Wellbeing	Citizenship	Revision Skills	Careers and Employability
Year 11	Careers and Employability in preparation for Post 16 choices	Relationships	Health and Wellbeing	Careers and Employability in preparation for Post 16 choices	Health and Wellbeing	Study leave
Year 12 & 13 ELS B	Study Skills & UCAS	Relationships	Health and Wellbeing	Finance	Careers and Employability in preparation for Post 16 choices	Options & UCAS
Year 13	Study Skills & UCAS				Careers and Employability in preparation for Post 16 choices	Study leave