



The 'Be Awesome' Biddenham Values Diploma

What is the 'Be Awesome' Biddenham Values Diploma?

- Evidence how you have met the Biddenham Values: **Determination, Inspiration, Enjoyment, Success, Friendship & Compassion**
- **Begin to further develop skills** such as time management, planning and research.
- Demonstrate **creativity, independence and resilience**.

What you need to do to achieve this award:

- **Must Dos are coloured in Blue**
- **Choices coloured in Green**
- **Platinum are coloured in Yellow**

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| ❖ For Bronze Diploma: Complete the 2 'Must Do' activities plus 2 choice activities |
| ❖ For Silver Diploma: Complete the 2 'Must Do' activities plus 4 choice activities |
| ❖ For Gold Diploma: Complete the 2 'Must Do' activities plus 6 choice activities |
| ❖ For Platinum Diploma: Complete the 2 'Must Do' activities plus 8 choice activities and Platinum task |

How do you record your work?

Please create an '**I'm Awesome, Biddenham Values**' folder (this could be electronic or a hardcopy as a scrapbook), you should:

- Include photos , videos , written notes
- Submit weekly to your PBL classroom (if done by hand photos of work to be submitted and the hard copies brought in on our return)

Resources you need to complete the task set or electronic device to access the resources

- Your chromebook
- Your Project Based Learning Classroom
- Resource Pack
- Instruction Video
- [Unifrog login](#) (if you have forgotten click forgotten password)



'MUST DO' Activities

You need to complete **ALL** core activities to achieve the award.

REMEMBER ** Make sure you put all the evidence in your 'I'm Awesome, Biddenham Values' folder using photos, videos and written notes and send them weekly to your PBL assignment **

<p>Skills Builder Develop skills whilst at home to prepare me for returning to school</p>	<p>Planning ahead Using Unifrog to start keeping a record of achievement to help you in your next steps in learning</p>
<p>Using the booklet identify 3 character skills you would like to further develop. Using the task tables in the booklet, complete a minimum of 3 tasks per LORIC skill and upload evidence of completion to your PBL classroom. This could be photos, notes you have taken, videos etc.</p> 	<p>Using your unifrog login https://www.unifrog.org/sign-in familiarise yourself with the resources that are available to you. Once you have had a look use watch the video then work through the slide show. Upload your notes to PBL classroom</p> 



Determination, Inspiration, Enjoyment, Success, Friendship & Compassion

'CHOICE' Activities

<p>Write a letter to someone <u>vulnerable</u>, lonely or even to a relative to cheer them up. Post it.</p> 	<p>Read 2 chapters of a book and summarise what you have read in 3 pictures. Add a caption to explain what is happening.</p>	<p>Do a <u>podcast</u> or audio - happy news!! How to guide?</p>	<p>Learn how to communicate a sentence in <u>sign language</u>. Video this.</p> 
<p><u>Write</u> or draw a diary entry on your thoughts and feelings today. Aim to include at least 3 things you are grateful for and you could add pictures.</p>	<p>Create some charades, record them to play/share with friends or 'draw back to back' with a member of your household. Or Take part in a new first give project national competition help from home</p> 	<p><u>Create a coded message</u> for someone. Ask them to crack the code and send you back one in return.</p>	<p>Budget - You have £25 to spend at a supermarket. You need to plan a meal, plan the purchasing of the meal and think about the nutritional value of the meal.</p>
<p>Create a <u>Kahoot</u> for 3 of your friends or people in your household to play on a subject of your choice.</p> 	<p><u>Record the weather</u> for 5 days. You could measure rainfall, sunlight, cloud coverage and formation. Record the information in a table or through taking a picture at the same time every day and explaining what is happening.</p>	<p>Make a video showing how you prepared and cooked a meal for your family.</p> 	<p>'Is everybody treated equally in society?' 'Is there a God?' Explain your thoughts and opinions on <u>one</u> of the statements above. This can be through video, audio, written or pictures.</p>
<p>There are 4 countries that make up the United Kingdom. For each country, pick a place to visit and explain why.</p> 	<p>Follow the link and complete the guided meditation for beginners. https://mindfulnessman.podbean.com/e/mindfulness-meditation-for-beginners/ Write a sentence/paragraph to describe how you found it.</p>	<p>Watch an episode of <u>BBC Newsround</u> each day and write down 3 things that you have learnt from it</p> 	<p>Redesign a room in your house. Consider fabrics, furniture, colours, textures, storage and technology.</p>



<p>Design an outfit for your favourite celebrity. Think about textures, colours. Or Using this Harvard podcast listen, and write down key findings and anything you will take forwards with you for future studies/ life skills.</p>	<p>Make a collage of photos which you have taken on a specific subject. This could be pictures you have taken throughout the lockdown.</p>	<p>Create a three minute scene for a TV or film company on a subject of your choice by writing the lines and acting out all the different parts. This could also be through Dance.</p>	<p>Compose a piece of music or a song on a subject of your choice.</p> 
<p>Plan a fitness programme that lasts 5 days and do it! Think about how you can raise your heart rate. Document your daily efforts.</p> 	<p>Take the typing test on this website. Try to improve your score by using Screenshot of your first score and best score.</p> 	<p>Dinner Party Challenge - you can invite 4 people from past or present and these can be fictional or non-fictional. Who would you invite and why? Justify the reasons for choosing these people</p>	<p>Take part in the festival of speaking. select which topic you would like to enter and submit your video to your PBL classroom. Good Luck!</p>

Platinum Elective

Complete the Bronze award on [iDEA](#). To achieve this you must achieve a minimum of 50 points on each of the 4 badges - Worker, Maker, Citizen and Entrepreneur. iDEA helps you enhance your skills and knowledge

- ❖ Improve your digital literacy
- ❖ Learn about staying safe online
- ❖ Discover talents you didn't know you had
- ❖ Get more confident with technology

You may remember [logging in](#) to this at the start of Y7. Your username is your school email address. If you have any issues with remembering your password, please use the password reset link. You can also now log in using your Google log in. If you need any further guidance please email Mrs Cadman.

