

## Week 2 - Week Starting Monday - 1st May, 22nd May, 19th June, 10th July 2023

| MEAL DEAL<br>£2.70<br>Main Meal, Potato,<br>Vegetables and<br>Pudding | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|---|---|---|---|---|---|
| Dish Of the Day<br><br><b>£1.30</b>                                   | £1.30<br><b>3 x Salmon Fish cakes</b><br><b>(G,F)</b><br><i>Breaded Salmon Fish cakes</i>   | £1.30<br><b>2 x Chicken Sausage Served with a Texas BBQ Sauce</b><br><b>(G,S,SU)</b><br><i>2 x Halal chicken sausage</i>  | £1.30<br><b>Minced Beef and Onion Pie</b><br><b>(G,E)</b><br><i>Tender minced beef encased in a shortcrust pastry.</i>  | £1.30<br><b>Chicken Enchiladas</b><br><b>(G,M)</b><br><i>Spiced chicken wrapped in a tortilla and gratinated</i>  | £1.30<br><b>Fish Friday</b><br><b>(F,G)</b><br><i>Oven baked battered fish.</i>   |
| Dish of Day Vegetarian<br><br><b>£1.30</b>                            | £1.30<br><b>Sweet and Sour Vegetables served on a bed of Rice</b><br><b>(C)</b>   | £1.30<br><b>Indian Vegetable Shepherd's Pie</b><br><b>(C)</b><br><i>Indian Spices with onion, celery, carrot, green lentils and topped with Curried Mashed Potato</i>             | £1.30<br><b>Creamy Tomato Herb Pasta Bake</b> <b>(G,M)</b><br><i>Penne pasta in a creamy tomato and herb sauce</i><br><i>Served with Garlic bread</i><br><b>(G,M,E)</b><br><i>Gluten Free Pasta Available</i> | £1.30<br><b>Red Lentil and Aubergine Moussaka</b><br><b>(S,C)</b><br><i>Aubergine, Potato, Tomato topped with a Gluten and Dairy free Sauce</i>                                   | £1.30<br><b>Spicy Szechuan Noodles</b><br><i>Spicy Vegetable Noodles</i><br><br><b>(S,C,SE)</b>   |
| Potatoes<br><b>£1.00</b><br>Vegetables<br><b>£0.50</b>                | Potato wedges<br><br>Peas and Sweetcorn<br>Sliced carrots   | New Potatoes<br>Broccoli florets<br>Sweet corn  | Roast Potatoes<br>Fresh Baton carrots<br>Shredded Cabbage   | Cajun Roast New Potatoes<br>Broccoli florets<br>Sweet corn  | Chipped Potatoes<br><br>Mushy Peas  |
| Jacket Potato / Baked Beans   | Jacket potato(£1.00)<br>Baked Beans (£0.50)<br>Tuna Mayonnaise (£0.50) <b>(F,E,MU)</b><br>Coleslaw (£0.50) <b>(E,MU)</b><br>Cheese (£0.50) <b>(M)</b><br>Mixed Leaf Salad (£0.50) | Jacket potato(£1.00)<br>Baked Beans (£0.50)<br>Tuna Mayonnaise (£0.50) <b>(F,E,MU)</b><br>Coleslaw (£0.50) <b>(E,MU)</b><br>Cheese (£0.50) <b>(M)</b><br>Mixed Leaf Salad (£0.50) | Jacket potato(£1.00)<br>Baked Beans (£0.50)<br>Tuna Mayonnaise (£0.50) <b>(F,E,MU)</b><br>Coleslaw (£0.50) <b>(E,MU)</b><br>Cheese (£0.50) <b>(M)</b><br>Mixed Leaf Salad (£0.50)                             | Jacket potato(£1.00)<br>Baked Beans (£0.50)<br>Tuna Mayonnaise (£0.50) <b>(F,E,MU)</b><br>Coleslaw (£0.50) <b>(E,MU)</b><br>Cheese (£0.50) <b>(M)</b><br>Mixed Leaf Salad (£0.50) | Jacket potato(£1.00)<br>Baked Beans (£0.50)<br>Tuna Mayonnaise (£0.50) <b>(F,E,MU)</b><br>Coleslaw (£0.50) <b>(E,MU)</b><br>Cheese (£0.50) <b>(M)</b><br>Mixed Leaf Salad (£0.50) |
| Pudding of the day<br><br><b>£0.60</b>                                | <b>Apple Crumble</b> <b>(G)</b><br>and custard <b>(M)</b>   | Cheese cake<br><b>(G,M)(S)</b><br>Chocolate Chip <b>(S)</b>   | Victoria Sponge<br><b>(G,M,E)</b> Filled with<br>Jam and Cream  | Belgium waffles<br><b>(G,E,S)(M)</b> and<br>chocolate sauce   | Lemon drizzle cake<br><b>(G,E)</b><br>and custard <b>(M)</b>  |
| <b>£0.30</b>  | Fresh fruit selection   | Fresh fruit selection   | Fresh fruit selection   | Fresh fruit selection   | Fresh fruit selection   |

Updated 10th April 2023

**Allergen information (G=GLUTEN: M=MILK: E=EGG: MU=MUSTARD:C=CELERY:  
S=SOYA: SU=SULPHITES: F=FISH, SE=SESAME) AMBER MAY CONTAIN Check with Servery staff**

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|  |   |   |   |   |  |
|--|---|---|---|---|--|
| Quad<br><br>Daily Hot Wrap / Burrito         | <b>Southern Fried Chicken Wrap</b><br><br><b>(Allergens to be confirmed)</b><br><br>£1.70   | <b>Vegetarian Bean and Rice Burrito</b><br><br><b>(Allergens to be confirmed)</b><br><br>£1.70  | <b>Popcorn Chicken</b><br><br><b>(Allergens to be confirmed)</b><br><br>£1.70   | <b>Crispy Chicken Wrap</b><br><br><b>(Allergens to be confirmed)</b><br><br>£1.70   | Chicken Burger in A Bap<br><br>£1.00<br><br>Chips £1.00                  |
| Quad /<br><br>Pizza                          | Pizza Magarita<br><br>Jalapeno Pizza - Tomato Sauce, Mozzarella, Sweetcorn, Jalapeno, Courgette<br><br>£1.00                              | Pizza Magarita<br><br>Halal BBQ Chicken Pizza - Chicken, Sweetcorn, BBQ Sauce, Mozzarella<br><br>£1.00                                    | Pizza Magarita<br><br>Flatbread Pizza - Tomato Sauce, Mozzarella Sliced Onion, Sliced Peppers, Rocket<br><br>£1.00                        | Pizza Magarita<br><br>Halal Pepperoni Pizza<br><br>£1.00  | Pizza Magarita<br><br><br><br>£1.00                                      |
| R Block Pasta Bar<br><br><br><br>Pizza £1.00 | Pasta Pot Large £2.30 Small £1.50<br>Arrabiata<br>Chicken Italian<br>Pork BBQ Meatballs<br><br>Pizza Magarita                             | Pasta Pot Large £2.30 Small £1.50<br>Arrabiata<br>Chicken Italian<br>Pork BBQ Meatballs<br><br>Pizza Magarita                             | Pasta Pot Large £2.30 Small £1.50<br>Arrabiata<br>Chicken Italian<br>Pork BBQ Meatballs<br><br>Pizza Magarita                             | Pasta Pot Large £2.30 Small £1.50<br>Arrabiata<br>Chicken Italian<br>Pork BBQ Meatballs<br><br>Pizza Magarita                             | Chicken Burger in A Bap<br><br>£1.00<br>Chips £1.00<br>Baked Beans £0.50 |
| R Block Pasta Bar                            | Panini £1.00<br>Halal Chicken Tikka<br>Halal Chicken Sausage<br>Cheese and Tomato<br>Halal Pepperoni Pizza<br>Tuna Mayo<br>Ham and Cheese | Panini £1.00<br>Halal Chicken Tikka<br>Halal Chicken Sausage<br>Cheese and Tomato<br>Halal Pepperoni Pizza<br>Tuna Mayo<br>Ham and Cheese | Panini £1.00<br>Halal Chicken Tikka<br>Halal Chicken Sausage<br>Cheese and Tomato<br>Halal Pepperoni Pizza<br>Tuna Mayo<br>Ham and Cheese | Panini £1.00<br>Halal Chicken Tikka<br>Halal Chicken Sausage<br>Cheese and Tomato<br>Halal Pepperoni Pizza<br>Tuna Mayo<br>Ham and Cheese | Pizza Magarita<br><br><br><br>£1.00                                      |