

Week 3 - Week starting Monday 17th April, 8th May, 5th June, 26th June, 17th July 2023

MEAL DEAL £2.70 Main Meal, Potato, Vegetables and Pudding	Monday	Tuesday	Wednesday	Thursday	Friday
Dish Of the Day £1.20	£1.30 Southern Fried Chicken Breast (G,M,C,MU) <i>Southern style chicken breast fillet</i>	£1.30 Lasagne (G,M)(E) <i>Layers of pasta with a bolognese sauce topped with grated Cheese</i>	£1.30 Chicken Pie (G,E) <i>Tender chicken cased in a Short crust Pastry</i>	£1.30 Lamb and Chickpea Curry Served with Basmati Rice <i>(May Contain Gluten in Cumin and Coriander)</i>	£1.30 Fish Friday (F,G) <i>Oven baked battered Fish</i>
Dish of Day Vegetarian £1.20	£1.30 Vegetable Lasagne (G,S) <i>A light but luscious veggie lasagne to tickle your taste buds</i>	£1.30 Summer Vegetable Quiche (G,M,E) <i>A light pastry Crust filled with vegetables, egg and cheese</i> <i>Vegan Quiche Available</i>	£1.30 Vegan stuffed peppers <i>Mediterranean-inspired stuffed peppers with a tomato Sauce</i>	£1.30 Spaghetti Milanese (G) with Rosemary Garlic Focaccia Bread (G)	£1.30 Korean Style Vegan Burger in a salad bun (G,S,SE) <i>Korean style vegan burgers bursting with flavour.</i>
Potatoes £1.00 Vegetables £0.50	Potato wedges Fresh carrots Sliced beans	New potatoes Fresh broccoli florets Sweetcorn	Roast potatoes Fresh carrots shredded cabbage	Garlic Roast New Potatoes Mixed vegetables Sweetcorn	Chipped Potatoes Peas
Jacket Potato / Baked Beans	Jacket potato(£1.00) Baked Beans (£0.50) Tuna Mayonnaise (£0.50) (F,E,MU) Coleslaw (£0.50) (E,MU) Cheese (£0.50) (M) Mixed Leaf Salad (£0.50)	Jacket potato(£1.00) Baked Beans (£0.50) Tuna Mayonnaise (£0.50) (F,E,MU) Coleslaw (£0.50) (E,MU) Cheese (£0.50) (M) Mixed Leaf Salad (£0.50)	Jacket potato(£1.00) Baked Beans (£0.50) Tuna Mayonnaise (£0.50) (F,E,MU) Coleslaw (£0.50) (E,MU) Cheese (£0.50) (M) Mixed Leaf Salad (£0.50)	Jacket potato(£1.00) Baked Beans (£0.50) Tuna Mayonnaise (£0.50) (F,E,MU) Coleslaw (£0.50) (E,MU) Cheese (£0.50) (M) Mixed Leaf Salad (£0.50)	Jacket potato(£1.00) Baked Beans (£0.50) Tuna Mayonnaise (£0.50) (F,E,MU) Coleslaw (£0.50) (E,MU) Cheese (£0.50) (M) Mixed Leaf Salad (£0.50)
Pudding of the day £0.60	Chocolate Sponge (G,E) & chocolate sauce (M)	Red Velvet Cake. (G,M,E)	Apple and Raspberry Crumble (G) and custard (M)	Muffins (G,E,S) Selection of Chocolate Chip Raspberry Blueberry	Steamed Vanilla and Jam Sponge (G,M,E) and custard (M)
£0.30	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection

Updates 10th April 2023

Allergen information (G=GLUTEN: M=MILK: E=EGG: MU=MUSTARD:C=CELERY: S=SOYA: SU=SULPHITES: F=FISH: SE=SESAME) AMBER MAY CONTAIN Check with Servery staff

Week 3 - Week starting Monday 17th April, 8th May, 5th June, 26th June, 17th July 2023

Quad Daily Hot Wrap / Burrito	Southern Fried Chicken Wrap (Allergens to be confirmed) £1.70	Vegetarian Bean and Rice Burrito (Allergens to be confirmed) £1.70	Popcorn Chicken (Allergens to be confirmed) £1.70	Crispy Chicken Wrap (Allergens to be confirmed) £1.70	Chicken Burger in A Bap £1.00 Chips £1.00
Quad / R Block Pasta Bar Pizza	Pizza Magarita Halal Pepperoni Pizza £1.00	Pizza Magarita Halal Cheese Burger Pizza - Ground Beef, Tomato Sauce, Sliced Red Onions, Chilli Flakes, Mustard, Gherkins, Mayonnaise £1.00	Pizza Magarita Veggie Pizza (tomato sauce, mozzarella, bell peppers, onions, mushrooms) £1.00	Pizza Magarita Halal BBQ Chicken and Sweetcorn Pizza (tomato sauce, Diced Chicken, mozzarella, peppers, onions, BBQ Sauce) £1.00	Pizza Magarita £1.00
R Block Pasta Bar	Pasta Pot Large £2.30 Small £1.50 Arrabiata Chicken Italian Pork BBQ Meatballs	Pasta Pot Large £2.30 Small £1.50 Arrabiata Chicken Italian Pork BBQ Meatballs	Pasta Pot Large £2.30 Small £1.50 Arrabiata Chicken Italian Pork BBQ Meatballs	Pasta Pot Large £2.30 Small £1.50 Arrabiata Chicken Italian Pork BBQ Meatballs	Chicken Burger in A Bap £1.00 Chips £1.00 Baked Beans £0.50
R Block Pasta Bar	Panini £1.00 Halal Chicken Tikka Halal Chicken Sausage Cheese and Tomato Halal Pepperoni Pizza Tuna Mayo Ham and Cheese	Panini £1.00 Halal Chicken Tikka Halal Chicken Sausage Cheese and Tomato Halal Pepperoni Pizza Tuna Mayo Ham and Cheese	Panini £1.00 Halal Chicken Tikka Halal Chicken Sausage Cheese and Tomato Halal Pepperoni Pizza Tuna Mayo Ham and Cheese	Panini £1.00 Halal Chicken Tikka Halal Chicken Sausage Cheese and Tomato Halal Pepperoni Pizza Tuna Mayo Ham and Cheese	Pizza Magarita £1.00