

Week 2 - Week Starting Monday - 8th Jan, 29th Jan, 26th Feb, 18th Mar

ALL MEAT USED IS HALAL

MEAL DEAL £2.70 Main Meal, Potato, Vegetables and Pudding	Monday	Tuesday	Wednesday	Thursday	Friday
Dish Of the Day £1.30	4 x Fish Fingers (G,F) <i>Wild Alaskan Pollock fish fingers coated in light golden breadcrumbs.</i>	Roasted Garlic and Herb Chicken Leg. <i>Marinated chicken leg slowly roasted with Garlic and Fresh Herbs</i>	Minced Steak Pie (G,E) <i>Tender minced beef encased in a Wholemeal shortcrust pastry.</i>	Chicken Enchiladas (G,M) <i>Spiced chicken wrapped in a tortilla and gratinated</i>	Fish Friday (F,G) Oven baked battered fish.
Vegan Dish of Day Vegetarian £1.30	Mumbai Burrito (G) <i>Filled with curried potato, cauliflower, chickpeas, spinach Coriander and mint chutney .</i>	Vegan Cottage Pie With Mashed Potato. (C,S) <i>Soya Mince, onion, celery, carrot, green lentils and topped with Mashed Potato.</i>	Tomato and Basil Pasta Bake(G,M) <i>Penne pasta in a tomato and Basil sauce Topped with Cheese</i> Gluten Free Alternative <i>Available</i>	Vegetarian Couscous with Roasted Winter Vegetables (G) <i>Hearty Healthy Lunch packed with flavour</i>	Stir fried vegetables noodles in a black bean sauce. <i>Rice noodles and vegetables stir fried with black bean sauce</i> (G,S,SE)
Potatoes £1.00 Vegetables £0.50	Potato wedges Peas and Sweetcorn Sliced carrots	Mashed potatoes Broccoli Florets Diced carrot and swede	Roast Potatoes Fresh Baton carrots Shredded Cabbage	Cajun Potato Wedges Broccoli florets Sweet corn	Chipped Potatoes Mushy Peas
Jacket Potato / Baked Beans	Jacket potato(£1.00) Baked Beans (£0.50) Tuna Mayonnaise (£0.50) (F,E,MU) Coleslaw (£0.50) (E,MU) Cheese (£0.50) (M) Mixed Leaf Salad (£0.50)	Jacket potato(£1.00) Baked Beans (£0.50) Tuna Mayonnaise (£0.50) (F,E,MU) Coleslaw (£0.50) (E,MU) Cheese (£0.50) (M) Mixed Leaf Salad (£0.50)	Jacket potato(£1.00) Baked Beans (£0.50) Tuna Mayonnaise (£0.50) (F,E,MU) Coleslaw (£0.50) (E,MU) Cheese (£0.50) (M) Mixed Leaf Salad (£0.50)	Jacket potato(£1.00) Baked Beans (£0.50) Tuna Mayonnaise (£0.50) (F,E,MU) Coleslaw (£0.50) (E,MU) Cheese (£0.50) (M) Mixed Leaf Salad (£0.50)	Jacket potato(£1.00) Baked Beans (£0.50) Tuna Mayonnaise (£0.50) (F,E,MU) Coleslaw (£0.50) (E,MU) Cheese (£0.50) (M) Mixed Leaf Salad (£0.50)
Pudding of the day £0.60	Marble Cake (G,E) and Custard (M)	Red Velvet Cake. (G,M,E)	St Clements Pudding (G,E) and Custard (M)	Apple and Blackberry Flapjack Crumble (G) and custard (M)	Steamed treacle pudding (G,M,E) and custard (M)
£0.30	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection

**Allergen information (G=GLUTEN: M=MILK: E=EGG: MU=MUSTARD: C=CELERY: S=SOYA:
SU=SULPHITES: SESAME=SE: F=FISH) AMBER MAY CONTAIN Check with Servery staff**

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Quad Daily Hot Wrap / Burrito	Southern Fried Chicken Wrap (Allergens Displayed at POS) £1.70	Vegetarian Bean and Rice Burrito (Allergens Displayed at POS) £1.70	Halal Popcorn Chicken (Allergens Displayed at POS) £1.70	BBQ Chicken Burrito Bowl (C) £1.70	Chicken Burger in A Bap (G,E,S) (SE) £1.00 Chips £1.00
Quad / R Block Pasta Bar Pizza	Pizza Magarita (G,M) Halal BBQ Chicken Pizza (G,M) £1.00	Pizza Magarita (G,M) Halal Pepperoni Calzones (G,M) (C,E,MU,S) £1.00	Pizza Magarita (G,M) Grilled Flatbread Pizza (G,M) £1.00	Pizza Magarita (G,M) White Pizza (G,M) £1.00	Pizza Magarita (G,M) £1.00
R Block Pasta Bar	Pasta Pot Large £2.30 Small £1.50 Arrabiata Chicken Italian Pork BBQ Meatballs	Pasta Pot Large £2.30 Small £1.50 Arrabiata Chicken Italian Pork BBQ Meatballs	Pasta Pot Large £2.30 Small £1.50 Arrabiata Chicken Italian Pork BBQ Meatballs	Pasta Pot Large £2.30 Small £1.50 Arrabiata Chicken Italian Pork BBQ Meatballs	Chicken Burger in A Bap £1.00 Chips £1.00 Baked Beans £0.50
R Block Pasta Bar	Panini £1.00 Halal Chicken Tikka Halal Chicken Sausage Cheese and Tomato Halal Pepperoni Pizza Tuna Mayo Ham and Cheese	Panini £1.00 Halal Chicken Tikka Halal Chicken Sausage Cheese and Tomato Halal Pepperoni Pizza Tuna Mayo Ham and Cheese	Panini £1.00 Halal Chicken Tikka Halal Chicken Sausage Cheese and Tomato Halal Pepperoni Pizza Tuna Mayo Ham and Cheese	Panini £1.00 Halal Chicken Tikka Halal Chicken Sausage Cheese and Tomato Halal Pepperoni Pizza Tuna Mayo Ham and Cheese	Pizza Magarita £1.00

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