

Week 2 - Week Starting Monday - 22nd April, 13th May, 10th June, 1st July 2024

**ALL MEAT USED IS HALAL**

MEAL DEAL £2.70 Main Meal, Potato, Vegetables and Pudding	Monday	Tuesday	Wednesday	Thursday	Friday
Dish Of the Day  £1.30	£1.30 <b>Southern Fried Chicken Breast</b> <b>(G,M,C,MU)</b> <i>Southern style chicken breast fillet</i>	£1.30 <b>2 x Chicken Sausage Served with a Texas BBQ Sauce</b> <b>(G,S,SU)</b> <i>2 x Halal chicken sausage</i>	£1.30 <b>Minced Beef and Onion Pie</b> <b>(G,E)</b> <i>Tender minced beef encased in a shortcrust pastry.</i>	£1.30 <b>Marinara Meatballs</b> <b>(G,M,E)</b> <i>Italian meatballs smothered in a rich and savoury marinara sauce on a bed of pasta</i>	£1.30 <b>Fish Friday</b> <b>(F,G)</b> <i>Oven baked battered fish.</i>
Dish of Day Vegetarian  £1.30	£1.30 <b>Indian Vegetable Shepherd's Pie</b> <b>(C)</b> <i>Indian Spices with onion, celery, carrot, green lentils and topped with Curried Mashed Potato</i>	£1.30 <b>Vegetable Sausage Toad in the Hole</b> <b>(G,E,M)</b> <i>Vegetable sausage baked in a fluffy Yorkshire pudding batter served with an onion Gravy</i> <b>2 x Vegetable Sausage Vegan Alternative</b>	£1.30 <b>Creamy Tomato Herb Pasta Bake</b> <b>(G,M)</b> <i>Penne pasta in a creamy tomato and herb sauce</i> <i>Served with Garlic bread</i> <b>(G,M,E)</b> <b>Gluten Free Pasta Available</b>	£1.30 <b>Red Lentil and Aubergine Moussaka</b> <b>(S,C)</b> <i>Aubergine, Potato, Tomato topped with a Gluten and Dairy free Sauce</i>	£1.30 <b>Vegan Vegetable Fritters</b> <i>vegan vegetable fritters are a delicious and easy way to get your daily dose of vegetables</i> <i>Served With or Without a fried Egg</i> <b>(E)</b>
Potatoes £1.00 Vegetables £0.50	Potato wedges  Green Beans Sliced carrots	New Potatoes Broccoli florets Sweet corn	Roast Potatoes Fresh Baton carrots Shredded Cabbage	Garlic Roast New Potatoes Broccoli florets Sweet corn	Chipped Potatoes  Mushy Peas
Jacket Potato / Baked Beans	Jacket potato(£1.00) Baked Beans (£0.50) Tuna Mayonnaise (£0.50) <b>(F,E,MU)</b> Coleslaw (£0.50) <b>(E,MU)</b> Cheese (£0.50) <b>(M)</b> Mixed Leaf Salad (£0.50)	Jacket potato(£1.00) Baked Beans (£0.50) Tuna Mayonnaise (£0.50) <b>(F,E,MU)</b> Coleslaw (£0.50) <b>(E,MU)</b> Cheese (£0.50) <b>(M)</b> Mixed Leaf Salad (£0.50)	Jacket potato(£1.00) Baked Beans (£0.50) Tuna Mayonnaise (£0.50) <b>(F,E,MU)</b> Coleslaw (£0.50) <b>(E,MU)</b> Cheese (£0.50) <b>(M)</b> Mixed Leaf Salad (£0.50)	Jacket potato(£1.00) Baked Beans (£0.50) Tuna Mayonnaise (£0.50) <b>(F,E,MU)</b> Coleslaw (£0.50) <b>(E,MU)</b> Cheese (£0.50) <b>(M)</b> Mixed Leaf Salad (£0.50)	Jacket potato(£1.00) Baked Beans (£0.50) Tuna Mayonnaise (£0.50) <b>(F,E,MU)</b> Coleslaw (£0.50) <b>(E,MU)</b> Cheese (£0.50) <b>(M)</b> Mixed Leaf Salad (£0.50)
Pudding of the day £0.60	Apple Crumble <b>(G)</b> and custard <b>(M)</b>	Cheese cake <b>(G,M)(S)</b> Chocolate Chip <b>(S)</b>	Victoria Sponge <b>(G,M,E)</b> Filled with Jam and Cream	Belgium waffles <b>(G,E,S)(M)</b> and chocolate sauce	Lemon drizzle cake <b>(G,E)</b> and custard <b>(M)</b>
£0.30	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection

Updated 19th March 2024

**Allergen information (G=GLUTEN: M=MILK: E=EGG: MU=MUSTARD:C=CELERY:**

**S=SOYA: SU=SULPHITES: F=FISH, SE=SESAME) AMBER MAY CONTAIN Check with Servery staff**

Week 2 - Week Starting Monday - 22nd April, 13th May, 10th June, 1st July 2024

**ALL MEAT USED IS HALAL**

Quad Daily Hot Wrap / Burrito	<b>Tyson Panko Chicken Wrap with BBQ Sauce (G,S)</b> £1.70	<b>Zesty Vegan Quorn Chicken Style Wrap (G,S)</b> £1.70	<b>Halal Popcorn Chicken (G)(E,S,M,C,MU,SU)</b> £1.70	<b>Whole BBQ Chicken Thigh Rice Bowl (C)</b> £1.70	<b>Chicken Burger in A Bap(G,E,S) (SE)</b> £1.00 Chips £1.00
Quad / R Block Pasta Bar  Pizza	<b>Pizza Magarita (G,M)</b>  <b>Pepperoni Pizza (G,M)(C,E,MU,S)</b> £1.00	<b>Pizza Magarita (G,M)</b> <b>Meatball Pizza (G,M)</b> £1.00	<b>Pizza Magarita (G,M)</b> <b>Grilled Flatbread Pizza (G,M)</b> £1.00	<b>Pizza Magarita (G,M)</b>  <b>Halal Meat Feast (G,M,S,SU)(C,E,MU)</b>  £1.00	<b>Pizza Magarita (G,M)</b>  £1.00
R Block Pasta Bar	<b>Pasta Pot (G)</b> Large £2.30 Small £1.50 Arrabiata Chicken Italian Pork BBQ Meatballs(G)	<b>Pasta Pot (G)</b> Large £2.30 Small £1.50 Arrabiata Chicken Italian Pork BBQ Meatballs (G)	<b>Pasta Pot (G)</b> Large £2.30 Small £1.50 Arrabiata Chicken Italian Pork BBQ Meatballs(G)	<b>Pasta Pot (G)</b> Large £2.30 Small £1.50 Arrabiata Chicken Italian Pork BBQ Meatballs(G)	<b>Chicken Burger in A Bap £1.00</b> <b>Chips £1.00</b> <b>Baked Beans £0.50</b>
R Block Pasta Bar Allergens on Paninis are individually labelled	<b>Panini £1.00</b> Halal Chicken Tikka Halal Chicken Sausage Cheese and Tomato Halal Pepperoni Pizza Tuna Mayo Ham and Cheese	<b>Panini £1.00</b> Halal Chicken Tikka Halal Chicken Sausage Cheese and Tomato Halal Pepperoni Pizza Tuna Mayo Ham and Cheese	<b>Panini £1.00</b> Halal Chicken Tikka Halal Chicken Sausage Cheese and Tomato Halal Pepperoni Pizza Tuna Mayo Ham and Cheese	<b>Panini £1.00</b> Halal Chicken Tikka Halal Chicken Sausage Cheese and Tomato Halal Pepperoni Pizza Tuna Mayo Ham and Cheese	<b>Pizza Magarita (G,M)</b>  <b>£1.00</b> No Panini on Friday

**Allergen information (G=GLUTEN: M=MILK: E=EGG: MU=MUSTARD: C=CELERY: S=SOYA:  
SU=SULPHITES: SESAME=SE: F=FISH) AMBER MAY CONTAIN Check with Servery staff**