

Week 3 - Week starting Monday 29th April, 20th May, 17th June, 8th July 2024

## ALL MEAT USED IS HALAL

MEAL DEAL £2.70 Main Meal, Potato, Vegetables and Pudding	Monday	Tuesday	Wednesday	Thursday	Friday
Dish Of the Day  £1.30	£1.30 <b>3 x Salmon Fish cakes (G,F)</b> <i>Breaded Salmon Fish cakes</i>	£1.30 <b>Lasagne (G,M)(E)</b> <i>Layers of pasta with a bolognese sauce topped with grated Cheese</i>	£1.30 <b>Chicken Pie (G,E)</b> <i>Tender chicken cased in a Short crust Pastry</i>	£1.30 <b>Chicken Enchiladas (G,M)</b> <i>Spiced chicken wrapped in a tortilla and gratinated</i>	£1.30 <b>Fish Friday (F,G)</b> <i>Oven baked battered Fish</i>
Dish of Day Vegetarian  £1.30	£1.30 <b>Vegetable Lasagne (G,S)</b> <i>A light but luscious veggie lasagne to tickle your taste buds</i>	£1.30 <b>Summer Vegetable Quiche (G,M,E)</b> <i>A light pastry Crust filled with vegetables, egg and cheese <b>Vegan Quiche Available</b></i>	£1.30 <b>Vegan stuffed peppers</b>  <i>Mediterranean-inspired stuffed peppers with a tomato Sauce</i>	£1.30 <b>Pasta Milanese(G) with Rosemary Garlic Focaccia Bread(G)</b>	£1.30 <b>Vegetable Noodles with Egg Noodles and Vegetables (G,E)</b>
Potatoes <b>£1.00</b> Vegetables <b>£0.50</b>	Potato wedges  Fresh carrots Sliced beans	New potatoes  Fresh broccoli florets Sweetcorn	Roast potatoes Fresh carrots Shredded Red Cabbage	Cajun Roast New Potatoes Mixed vegetables Sweetcorn	Chipped Potatoes  Baked Beans
Jacket Potato / Baked Beans	Jacket potato(£1.00) Baked Beans (£0.50) Tuna Mayonnaise (£0.50) (F,E,MU) Coleslaw (£0.50) (E,MU) Cheese (£0.50) (M) Mixed Leaf Salad (£0.50)	Jacket potato(£1.00) Baked Beans (£0.50) Tuna Mayonnaise (£0.50) (F,E,MU) Coleslaw (£0.50) (E,MU) Cheese (£0.50) (M) Mixed Leaf Salad (£0.50)	Jacket potato(£1.00) Baked Beans (£0.50) Tuna Mayonnaise (£0.50) (F,E,MU) Coleslaw (£0.50) (E,MU) Cheese (£0.50) (M) Mixed Leaf Salad (£0.50)	Jacket potato(£1.00) Baked Beans (£0.50) Tuna Mayonnaise (£0.50) (F,E,MU) Coleslaw (£0.50) (E,MU) Cheese (£0.50) (M) Mixed Leaf Salad (£0.50)	Jacket potato(£1.00) Baked Beans (£0.50) Tuna Mayonnaise (£0.50) (F,E,MU) Coleslaw (£0.50) (E,MU) Cheese (£0.50) (M) Mixed Leaf Salad (£0.50)
Pudding of the day <b>£0.60</b>	Chocolate Sponge <b>(G,E)</b> & chocolate sauce (M)	Red Velvet Cake. <b>(G,M,E)</b>	Apple and Raspberry Crumble(G) and custard (M)	School-days sprinkle sponge (G,M,E) and custard(M)	Assorted dessert of the day
<b>£0.30</b>	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection	Fresh fruit selection

Updates 19th March 2024

**Allergen information (G=GLUTEN: M=MILK: E=EGG: MU=MUSTARD:C=CELERY:  
S=SOYA: SU=SULPHITES: F=FISH: SE=SESAME ) AMBER MAY CONTAIN Check with Servery staff**

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Quad Daily Hot Wrap / Burrito	Tyson Panko Chicken Wrap with Asian Ginger,Chilli and Garlic Sauce <b>(G,S)</b> £1.70	Ultimate BBQ Pulled Jackfruit Ciabatta <b>(G)(SE,N)</b> £1.70	Halal Popcorn Chicken <b>(G)(E,S,M,C,MU,SU)</b> £1.70	Tandoori Whole Chicken Thigh Rice Bowl <b>(C,M)</b> £1.70	Chicken Burger in A Bap <b>(G,E,S)</b> <b>(SE)</b> £1.00 Chips £1.00
Quad / R Block Pasta Bar  Pizza	Pizza Magarita <b>(G,M)</b> Halal Pepperoni Pizza <b>(G,M)</b> <b>(C,E,MU,S)</b> £1.00	Pizza Magarita <b>(G,M)</b> Halal Cheese Burger Pizza <b>(G,M,MU,E)</b> £1.00	Pizza Magarita <b>(G,M)</b> Flatbread Pizza <b>(G,M)</b> £1.00	Pizza Magarita <b>(G,M)</b> Halal Chicken Caesar <b>(G,M,E)</b> £1.00	Pizza Magarita <b>(G,M)</b>  £1.00
R Block Pasta Bar	Pasta Pot <b>(G)</b> Large £2.30 Small £1.50 Arrabiata Chicken Italian Pork BBQ Meatballs <b>(G)</b>	Pasta Pot <b>(G)</b> Large £2.30 Small £1.50 Arrabiata Chicken Italian Pork BBQ Meatballs <b>(G)</b>	Pasta Pot <b>(G)</b> Large £2.30 Small £1.50 Arrabiata Chicken Italian Pork BBQ Meatballs <b>(G)</b>	Pasta Pot <b>(G)</b> Large £2.30 Small £1.50 Arrabiata Chicken Italian Pork BBQ Meatballs <b>(G)</b>	Chicken Burger in A Bap  £1.00 Chips £1.00 Baked Beans £0.50
R Block Pasta Bar Allergens on Paninis are individually labelled	Panini £1.00 Halal Chicken Tikka Halal Chicken Sausage Cheese and Tomato Halal Pepperoni Pizza Tuna Mayo Ham and Cheese	Panini £1.00 Halal Chicken Tikka Halal Chicken Sausage Cheese and Tomato Halal Pepperoni Pizza Tuna Mayo Ham and Cheese	Panini £1.00 Halal Chicken Tikka Halal Chicken Sausage Cheese and Tomato Halal Pepperoni Pizza Tuna Mayo Ham and Cheese	Panini £1.00 Halal Chicken Tikka Halal Chicken Sausage Cheese and Tomato Halal Pepperoni Pizza Tuna Mayo Ham and Cheese	Pizza Magarita  £1.00  No Panini on Friday

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